



# SHAMROCK SHOUT OUT

## FEBRUARY 2017



### IMPORTANT EVENTS FOR FEBRUARY

7<sup>th</sup>...JGSC Board Mtg. 7 PM  
7<sup>th</sup>...Swoop Family Night 6-7:30 PM  
8<sup>th</sup>...PTO Meeting 7 PM  
10<sup>th</sup>...Movie Night @JGHS  
13<sup>th</sup> – 16<sup>th</sup>...Book Fair Week  
14<sup>th</sup>...Ice Cream Social 5:30-7:30 PM

17<sup>th</sup>...No School (Snow make-up day)  
20<sup>th</sup>... No School (Snow make-up day)  
21<sup>st</sup>...JGSC Board Mtg. 7 PM  
23<sup>th</sup>...Math Bowl Competition @WES 5 PM  
27<sup>th</sup>...ISTEP+ Session 1 Testing Week

### ISTEP+ Part 1 Applied Skills Test

February 27 – March 10 is the window for Gr. 3-6 ISTEP+ testing. The staff will be working on a schedule that provides optimal time to meet the students' needs.

### North Liberty Youth League

Registration for new age groups: T-Ball 5-6 yrs. old, Transition 7-9 yrs. old, Baseball Minors 9-11 yrs. old, Baseball Majors 12-14 yrs. old, Softball Minors 9-11 yrs. old, Softball Majors 12-14 yrs. old. Sign Ups on March 4<sup>th</sup> and 18<sup>th</sup> from 10 AM to 1 PM VFW Post 1954 North Liberty. Forms will be sent home with students and registration deadline is March 31.



### Book Fair Family Event: Tuesday February 14, 5:30 – 7:30 pm Ice Cream Social



Need a study break or just a sweet treat? Come join us at the NLES Family Event for some ice cream sundaes. This is a free family event, however, donations are welcome (syrops, whipped topping, brownies, cookies, etc.) On Feb. 14 the book fair will be open from 3:00-8:00 PM After you enjoy your treat stop by the Book Fair for another treat – Books!! With each purchase you will be entered in a drawing to win a book and treat basket! This is a great opportunity for parents to shop with their children for Valentine's Day or to see what your child is interested in. We hope everyone will come out for some ice cream and fun ☺ Questions contact Denise Scott 360-1119, [smiles81675@yahoo.com](mailto:smiles81675@yahoo.com)

### Yearbook Sales Deadline is February 20, 2017

Cost is \$15.00 for a soft cover and build your own design options. Forms are in the office.

### John Glenn School Corporation Bus Driver Application

John Glenn hosts all training to earn the appropriate license. Requirements are a clean driving record, good health and compassion for student safety. Come join a Great Team working together to keep kids safe. Interested applicants please call the Admin. Office 574-586-3129

### Register for Girls on the Run (handout in emailed newsletter)

Program is designed for girls in Grades 3-5 and runs 10 weeks (February 27-March 13) every Monday and Wednesday from 3:15-4:45. The national program has a cost and limited number of participants allowed. More information available thru the emailed version of the newsletter or contact Breanne Goodsell 656-8123 or Jessica Cox 340-1721. Registration closes February 6<sup>th</sup> online.

### North Liberty Elementary & Walkerton Elementary Lock-In

February 10<sup>th</sup> from 6:00-9:00 PM at John Glenn High School. Students in KDG-6<sup>th</sup> grade will enjoy games, crafts, movies and fun for all. This event helps to support Young Author's visit from Patricia Polacco. Deadline to sign up is February 3 and cost is \$10 for one and \$5 for each additional child. Concession items will sell for \$1. This event will take the place of NLES PTO lock-in from previous years.

# 2015-2016 Report Card

# B

Letter Grade

## North Liberty School

### Overall Summary

	Points	Weight	Weighted Points
Performance Domain Grades 3-6: Math Pass % + English/Language Arts % X 0.5 = Weighted Pts.	67.00	0.500	33.50
Growth Domain Grade 4-6: Mathematics Points + English/Language Arts X 0.5 = Weighted Pts.	110.60	0.500	55.30
Overall points: Performance Points + Growth Domain Points			88.8
Overall grade: (100.0 – 90.0 = A, 89.9 – 80.0 = B, 79.9 – 70.0 = C, 69.9 – 60.0 = D, 59.9 – 0.00 = F)			B

## Performance Domain

### Mathematics

**63.3%** of students passed the assessment.  
This rate is **above** the state average.  
99.4% of students participated in the assessment.

### English/Language Arts

**70.7%** of students passed the assessment.  
This rate is **above** the state average.  
99.4% of students participated in the assessment.

## Growth Domain

A school's letter grade may increase, decrease, or remain the same based on student improvement.

### Mathematics

101.2 points for Top 75% Growth  
112.5 points for Bottom 25% Growth  
106.9 points for Overall Growth

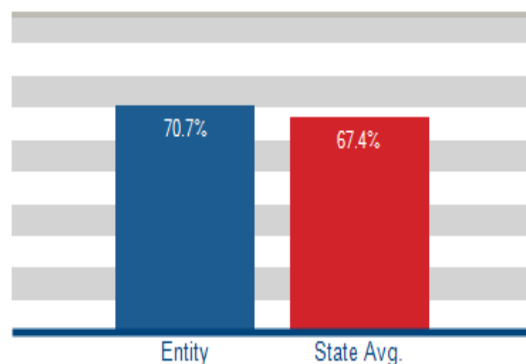
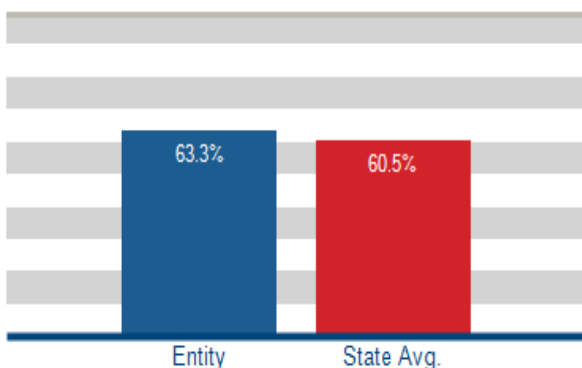
### English/Language Arts

108.3 points for Top 75% Growth  
120.2 points for Bottom 25% Growth  
114.3 points for Overall Growth

## Student Performance = Grades 3-6

### Mathematics Percent - Passing

### English/Language Arts - Percent Passing



# John Glenn School Corporation

## Kindergarten Roundup! Tuesday March 21, 2017

At 6PM

Walkerton Elementary School and  
North Liberty Elementary School

Parents will register online and receive an informational packet describing our program.

Please bring:

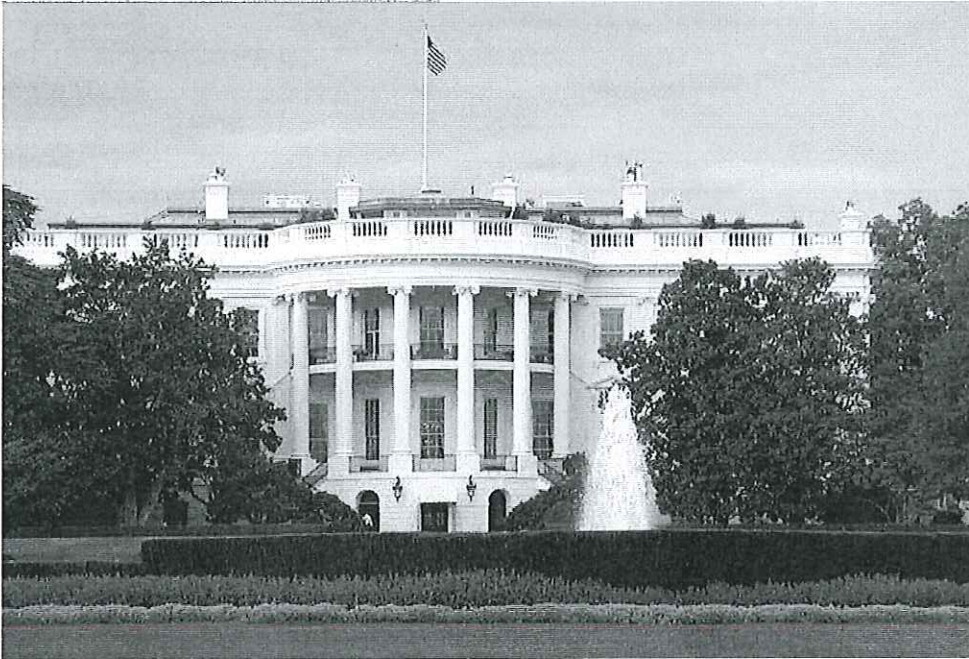
Your child

Your child's Birth Certificate

Your child's shot records

**PLEASE BRING YOUR KINDERGARTEN  
CHILD FOR A TOUR OF OUR BUILDING!**





Washington  
D.C. trip,  
June 4<sup>th</sup>-8<sup>th</sup>  
still has seats  
available!

## COST

- \$25 Deposit
- Checks made to Elite Travel Inc.  
5% Charge to pay by credit card
- Total \$550
- Payment Plans Available
- Due in Full by April 21<sup>st</sup>

## TRANSPORTATION

- Royal Excursion
- DVD
- Wifi

## ACCOMMODATIONS

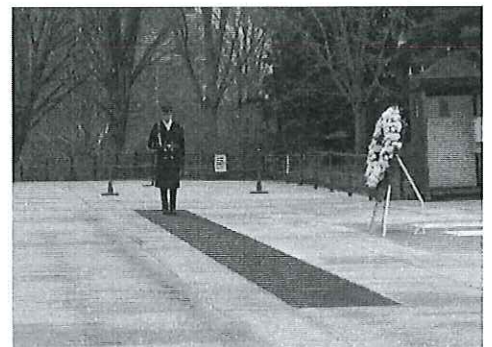
- Minimum of 1 Adult per room
- Breakfast, Dinner
- All but 1 lunch

## TRIP SPONSORS

- Mrs. Kaser  
[krkaser@jgsc.k12.in.us](mailto:krkaser@jgsc.k12.in.us)
- Mrs. Bogard  
[Jbogard2@jgsc.k12.in.us](mailto:Jbogard2@jgsc.k12.in.us)



Air and Space Museum



Arlington National Cemetery

CONTACT Kara Kaser via email or by calling Walkerton Elementary at 574-586-3186 if you would like to attend.



Kaylyn MacKillop  
MS, RD, CD, SNS

Consulting  
School Dietitian

School Nutrition  
Specialist

Northern Indiana  
Educational  
Services Center

#### January National Food Days

National Oatmeal Month  
National Soup Month  
1/1– Black Eyed Pea Day  
1/4– Spaghetti Day  
1/6– Bean Day  
1/9– Apricot Day  
1/19– Popcorn Day  
1/21– Granola Bar Day  
1/28– Blueberry Pancake Day  
1/29– Corn Chip Day

#### February National Food Days

National Hot Breakfast Month  
National Potato Lovers Month  
2/1– Dark Chocolate Day  
2/2– Tater Tot Day  
2/4– Homemade Soup Day  
2/5– Frozen Yogurt Day  
2/8– Potato Lover's Day  
2/12– PB&J Day  
2/16– Almond Day  
2/20– Muffin Day  
2/21– Biscuits & Gravy Day  
2/26– Pistachio Day  
2/27– Strawberry Day  
2/27– Chili Day

Taken from [www.foodimentary.com](http://www.foodimentary.com)

If you would like to  
learn about the USDA's  
lunch and breakfast  
requirements, please  
visit [www.traytalk.org](http://www.traytalk.org).

# Healthier Habits

Volume 5, Issue 2

January/February 2017

## A Word from the Dietitian...

Did you make a New Year's resolution? According to the Oxford Dictionary, a resolution is "a firm decision to do or not to do something." It doesn't have to be a big decision. Nothing says that New Year's is the only time you can make resolutions, either.

What if you made a new resolution each month, week, or

day? Here are some suggestions for resolutions:

- Try a new food at home or in the cafeteria.
- Eat breakfast.
- Help with the grocery shopping- pick out a fruit or vegetable you have never tried before.
- Try a new sport, exercise, or activity.
- Help with cooking a meal at home.
- Find a new recipe you would like to try.
- Get creative and don't watch TV for an entire day.
- Wear a step-counter and see how many steps you can walk in a day.

You can make resolutions anytime. Make them fun! 🍌

Kaylyn MacKillop, MS, RD, CD, SNS

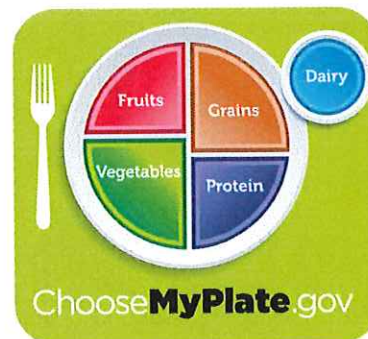


## Does your Plate Look Like MyPlate?

Have you seen the MyPlate icon? Yes, it's colorful, but did you know it's more than just a pretty picture?

Use MyPlate as a tool to help you plan healthy meals and snacks. Here a few tips about healthy eating we can learn from MyPlate:

- Choose a variety of healthy foods and beverages from each food group.
- Try to make half of your plate or tray fruits and vegetables.
- Eat and drink the right amount for you.
- The more colorful your plate is, the more nutrients your meal probably contains!
- Focus on whole fruits.
- Eat a variety of vegetables- red/orange, dark green, legumes, and starchy.
- Make at least half of your grains whole grains.
- Move to low-fat and fat-free dairy.







Eating whole grains reduces the risks of many diseases including heart disease, cancer, diabetes, and obesity.

Healthier Habits



Healthier Habits

## Serving-Up Whole Grains in a Cafeteria Near You

Did you know that almost all grains offered as part of a school lunch, breakfast, or a la carte snack are whole grain-rich? This means at least 50% of the grain in each item is a whole grain.

Whole grains are a great addition to any meal, not just school meals. Whole grains contain many disease-fighting vitamins and minerals similar to fruits and vegetables. They also contain B vitamins, iron, and fiber. Whole grains reduce risks of many diseases including heart disease, cancer and diabetes. A diet rich in whole grains also has been shown to lower the risk of obesity and stroke.

Okay, you may be thinking that sounds great, but what kinds of foods are whole grains? Whole grain food items include: brown rice, oatmeal, cereal, popcorn, rolled oats, quinoa, whole wheat bread, whole wheat crackers, whole wheat pasta, and whole wheat tortillas. Your family may already be buying and eating some of these items; if not, I challenge you to pick up at least one new whole grain product to try the next time you are in the grocery store.



## How to Recognize a Whole Grain

There are many different advertising techniques that can confuse you when you are trying to pick out whole grains. For example, if a grain item says it is "wheat," "multi-grain," "stone ground," "100% wheat," "cracked wheat," or "bran" it is probably not whole grain. Also, just because the bread you buy is "brown" that doesn't make it a whole grain either. The only way to really tell if something is whole grain is to look at the ingredient list.

The list of ingredients can be found near the nutrition facts panel on the packaging of a food item. A whole grain will have the word "whole" as part of the *first* ingredient. Examples would be "whole wheat," "whole corn," oats, or other "whole" grains. If the loaf of bread or other grain product lists something like "wheat flour," or "enriched flour" as the first ingredient then that product is not made with whole grains.

[www.choosemyplate.gov](http://www.choosemyplate.gov)

## Baked Oatmeal

### Ingredients

- 1½ cups quick cooking oats
- ¼ cup packed brown sugar
- ½ teaspoon ground cinnamon
- 1 teaspoon baking powder
- ¼ teaspoon salt
- 1 egg
- ½ cup plus 1 tablespoon milk
- ½ cup maple syrup
- 1 tablespoon melted butter

Source: eatright.org

### Directions

1. Preheat the oven to 350°F.
2. In a large bowl, mix together the quick cooking oats, brown sugar, cinnamon, baking powder and salt. Mix until well combined and set aside.
3. In a separate bowl, beat the egg. Whisk in milk, maple syrup and melted butter. Pour the wet ingredients into the oat bowl and stir to combine.
4. Lightly spray an 8-by-8-inch glass baking dish (or comparable dish) with cooking spray and pour the oatmeal mixture in.
5. Bake for 30 minutes until set and golden brown. Enjoy as is or serve with more milk, brown sugar, fruit and chopped nuts.







Cut and return the bottom portion of this form no later than February 3, 2017. Keep the top for your info!

-----  
Student(s): \_\_\_\_\_

Grade(s): \_\_\_\_\_

Guardian: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_



# JGSC LOCK-IN

Come watch  
the movie  
Storks or...

# HERE Comes THE FUN

Middle  
School -  
Worst  
Years of  
My Life

**FEBRUARY 10TH 6-9 P.M.**

**WHERE: JOHN GLENN HIGH SCHOOL**

**WHO: K-6 STUDENTS**

**\$10 FOR 1 \$5 EACH ADDITIONAL CHILD**

**Games, crafts, food, movies and fun for all!**

**Concessions- \$1 each**

**REGISTER NO LATER THAN FEBRUARY 3, 2017**



# The Swoop Scoop

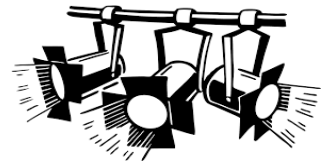
"Swoop" is a nickname for our Title I Program. Students in grades K-3 may qualify for extra reading support each semester thanks to a federally funded program for which JGSC qualifies.

Swoop Groups are busy Mondays through Fridays! Mrs. Weiss and our instructional aides work within K-3rd grade reading classes offering extra help for reading. Some students work in the Swoop room in the afternoons for half hour periods. The students work in consistent small groups with reading lessons led by Mrs. Weiss or an instructional aide.

**NEW Groups!** Every year, we regroup for the second half of the year. We used some time in January to read with each child in grades K-2. This is invaluable as we take the time one on one to enjoy each child and determine whether some extra help would be beneficial. The classroom teachers provide lots of input on the students' progress, too. Then we regroup for our new groups beginning February 1. If your child made sufficient progress to leave Swoop, you will receive a letter via USPS. If your child is joining the Swoop Crew, you would receive a letter via USPS, as well.

## Swoop Family Night - February 7 ~ 6pm-7:30pm

Snow is falling and books are calling! Please join us for Swoop Family Night. The whole family is invited! From a Winter Book Read to 3D Snowflakes Snowman Slime, and hot cocoa, this evening is sure to warm you up! Snacks provided, too. Thanks to our TI grant, there is no cost to families for this event. :) RSVPs have been sent home with your Swooper. Please return those asap to help plan materials and refreshments for the evening. We are looking forward to a great evening with our students, their families, and our staff!



## Swoop Group Spotlight

All our 1st-3rd grade Swoopers enjoyed a literacy game day in January. From Sight Word Candyland to a buzz-in reading quiz game, it was a nice break from regular lessons as we prepare to regroup and dig in for the last part of the year.



## Marshall County Reading Council Young Authors' Conference

Save the date: Author Patricia Polacco will be at the JGSC for MCRC Young Authors' Conference April 13 at WES 6pm. NLES will also have a special visit by the author for our school on April 11. More information will be coming soon.

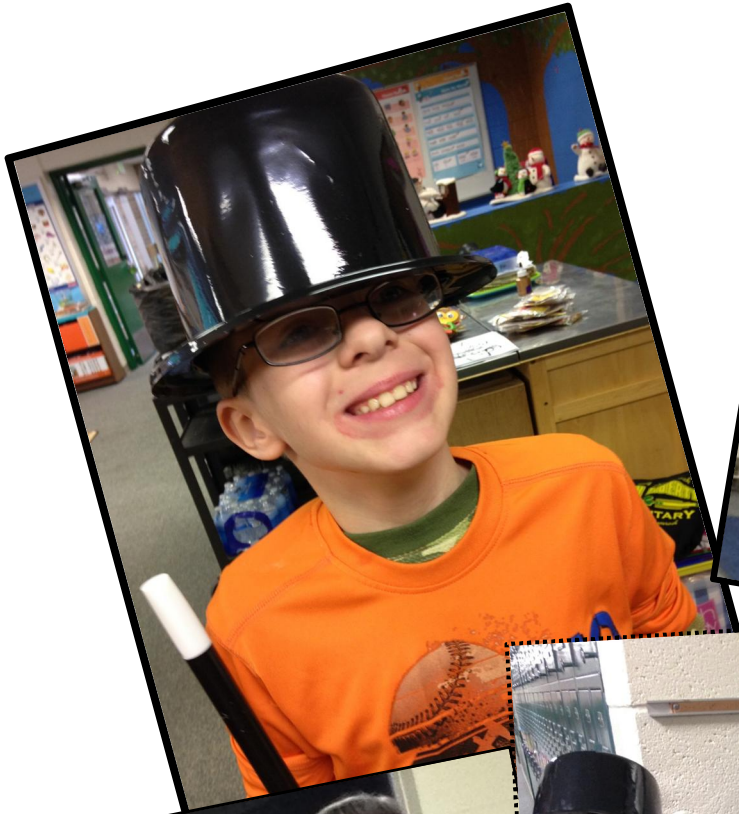
You are your child's most important teacher! Thank you for your support and teamwork!

~ Mrs. Weiss, Title I Teacher ~

# The Swoop Scoop

Our December Family Night was **MAGICAL**! Some of our staff even performed! **THANKS** to all the families that attended, and **THANKS** to all the staff who volunteered to make it amazing.

Here are some pics from the evening. There are more pics and video clips on the NLES facebook page.





***North Liberty  
Elementary  
2nd 9 Week Honor Roll  
Third Grade***

***Distinguished***

Alyssa Buss  
Morgan Gill  
Ethan Giszewski  
Molly Hostetler  
Rylee Johnson  
Kaden Lang  
Julia Rudecki  
Anna Watson  
Delaney Woods

***Regular***

Jacob Albright  
Riley Anagnostou  
Ajay Brinkhoff  
Travis Dunifin  
Christian Good  
Gabriel Goodsell  
Phoenix Green  
Preston Grove  
Alexander Hahn  
Calli Hahn  
Neya Haines  
Konner Haines  
Marcus Howell  
Taylor Jackson  
Evelyn Kipp  
Adam Laffoon  
Adrianna Lardino  
Justin Leslie  
Kinley MacLeod  
Gracie Marshman  
Isaac Matthews  
Anthony McEndarfer

Alijah Menefee  
Krista Morris  
Lexis Owens  
McKinley Platz  
Peyton Radandt  
Cassandra Roush  
Mackenzie Sheldon  
Ayden Smigielski  
Hunter Stacy  
Arianna Stanley  
Kassidy Tibbs  
Jolene Tungate  
Tristin White  
Lillian Whitmer  
Kathryn Wiczorek  
Blake Wright  
Hollie Zellers

***Fourth Grade***

***Distinguished***

Dylan Albright  
Brody Chapman  
Ethan Craft  
Anna Shoue  
Delaney Williams

***Regular***

Nicholas Beem  
Dakota Brown  
Logan Bryant  
Jake Duval  
Avery Franklin  
Hailey Giszewski  
Jonathan Griesinger  
Makinzie Kline  
Makayla Laskowski  
Jayden Leitch  
Kayla McClain  
Peyton McVoy

Alanna Meersman  
Ryder Patrick  
Alainna Pittman  
Maxwell Roush  
Michael Solymosi  
Alex Stuber  
McKenzie Timm  
Madysen Whitmer  
Pacience Stock  
Oscar Villa

***Fifth Grade***

***Distinguished***

Michael Braun  
Carter Dupont  
Samuel Hodges  
Landon Johnson  
Olivia Kalicki  
Benjamin Katowich  
Canyon King  
Eliana Lang  
Jack Laskowski  
Vanessa Meyer  
Chase Miller  
Marshall Platz  
Logan Richie  
Sophia Romer  
Hannah Thomas

***Regular***

Aleecia Abrell  
Trenton Bajer  
Timothy Bergan  
Heath Blair  
Anton Braun  
Hudson Doyle  
Cavazos Dyaus  
Dulcie Finch  
Rene Graham

Nova Hawthorne  
Rebecca Hostetler  
LeeAna Hudson  
Rylee Johnson  
Audra Kiszka  
Benjamin Larkin  
Ava Leslie  
Olivia Limerick  
Zachary Litteral  
Nathan Matanic  
Andrew McCormick  
Codie Michaelis  
Sophie Minnick  
Nevaeh Neeley  
Jessica Norwick  
Evelene Peterson  
Luke Rice  
Kylie Scope  
Joseph Shoue  
Lillianah Smiddy-  
LeClair  
Aiden Swank  
Harley Taylor  
Trinity Tirotta  
Steven Valentiny  
Trinity Wallace  
Gabriella Ziolkowski

***Sixth Grade***

***Distinguished***

Alexandra Burkholder  
Tatum Carrasco  
Matthew Ciula  
Bryce Dittmar  
Jack Hildreth  
Ryleigh Kepperling  
Jeremy Kline  
Catherine Martin  
Carlye Ort

Preston Richard  
Ryan Shoue

***Regular***

Isabel Allsop  
Hayley Arick  
Robert Blankenmyer  
Allison Bowlds  
Emma Borton  
Will Brinkhoff  
Sidney Carbiener  
Wyatt Carteaux  
Devon Craft  
Hayden Franklin  
Sara Henry  
Mia Hooten  
Jackson Humphrey  
Samuel Katowich  
Vada Kennedy  
Nolan Klinedinst  
Connor LaLone  
Braxton Leed  
Isabelle Mathews  
Sofia May  
Maxwell Murray  
Madisyn Muller  
Daniel Perez  
Elias Peterson  
Major Plunkett  
Hannah Ranschaert  
Braeden Rhode  
Mary Rouch  
Owen Rutishauser  
Kaitlyn Schlegelmilch  
Connor Sternaman  
Levi Stuart  
Dakota Szakacs  
Larissa Tungate  
Isabella Tribbey

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1<sup>st</sup> Semester Honor Roll  
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***Distinguished***

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Ethan Giszewski  
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Rylee Johnson  
Justin Leslie  
Kinley MacLeod  
Peyton Radandt  
Julia Rudecki  
Ayden Smigielski  
Arianna Stanley  
Jolene Tungate  
Anna Watson  
Tristin White  
Lillian Whitmer  
Delaney Woods

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Logan Albright  
Gabriel Alvarez  
Riley Anagnostou  
Kyliee Borton  
Ajay Brinkhoff  
Morgan Carrteaux  
Travis Dunifin  
Emery Forkner  
Christian Good  
Gabriel Goodsell  
Phoenix Green  
Preston Grove  
Alexander Hahn  
Calli Hahn  
Konner Haines  
Neya Haines  
Taylor Jackson  
Evelyn Kipp  
Adam Laffoon

Kaden Lang  
Adrianna Lardino  
Gracie Marshman  
Isaac Matthews  
Anthony McEndarfer  
Alijah Menefee  
Krista Morris  
Lexis Owens  
Andrew Patterson  
Trenton Pearson  
Kathryn Philson  
McKinley Platz  
Cassandra Roush  
Mackenzie Sheldon  
Braidyn Shenenberger  
Zoe Snyder  
Hunter Stacy  
Kassidy Tibbs  
Evan Verduin  
Kathryn Wiczorek  
Blake Wright  
Hollie Zellers

***Fourth Grade  
Distinguished***

Logan Bryant  
Ethan Craft  
Delaney Williams

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Dylan Albright  
William Baker  
Nicholas Beem  
Dakota Brown  
Brody Chapman  
Jake Duval  
Avery Franklin  
Hailey Giszewski  
Jonathan Griesinger  
Makinzie Kline  
Makayla Laskowski  
Kyndra Layman  
Jayden Leitch  
Peyton McVoy  
Alanna Meersman

Ryder Patrick  
Alainna Pittman  
Maxwell Roush  
Grace Sharpe  
Anna Shoue  
Ethan Smith  
Michael Solymosi  
Taylor Stephenson  
Lucas Sternaman  
Alex Stuber  
Elizabeth Sweet  
Oscar Villa  
Madysen Whitmer

***Fifth Grade  
Distinguished***

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Carter Dupont  
Samuel Hodges  
Landon Johnson  
Olivia Kalicki  
Benjamin Katowich  
Canyon King  
Eliana Lang  
Andrew McCormick  
Vanesa Meyer  
Marshall Platz  
Logan Richie  
Sophia Romer  
Hannah Thomas

***Regular***

Aleecia Abrell  
Trenton Bajer  
Timothy Bergan  
Heath Blair  
Anton Braun  
Hudson Doyle  
Rene Graham  
Nova Hawthorne  
Rebecca Hostetler  
LeeAna Hudson  
Rylee Johnson  
Audra Kiszka  
Jackson Laskowski

Benjamin Larkin  
Ava Leslie  
Olivia Limerick  
Zachary Litteral  
Codie Michaelis  
Nathan Matanic  
Brady Miller  
Chase Miller  
Sophie Minnick  
Nevaeh Neely  
Jessica Norwick  
Evelene Peterson  
Luke Rice  
Kylie Scope  
Joseph Shoue  
Michelle Smiddy-LeClair  
Caleb Spodnick  
Aiden Swank  
Harley Taylor  
Trinity Tirotta  
Steven Valentiny  
Trinity Wallace  
Maralee Wyatt  
Gabriella Ziolkowski

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Matthew Ciula  
Jack Hildreth  
Jackson Humphrey  
Ryleigh Kepperling  
Catherine Martin  
Sofia May  
Maxwell Murray  
Preston RichardRyan  
Shoue

***Regular***

Isabel Allsop  
Hayley Arick  
Alycia Barnett  
Robert Blankenmyer  
Emma Borton  
Will Brinkhoff

Alexandra Burkholder  
Sidney Carbiener  
Wyatt Carteaux  
Devon Craft  
Bryce Dittmar  
Hayden Franklin  
Willow Gilliam  
Taylor Grimm  
Sara Henry  
Mariyah Higbee  
Mia Hooten  
Samuel Katowich  
Vada Kennedy  
Jeremy Kline  
Nolan Klinedinst  
Connor LaLone  
Braxton Leed  
Isabelle Matthews  
Madisyn Muller  
Carlye Ort  
Daniel Perez  
Jackson Perry  
Elias Peterson  
Major Plunkett  
Hannah Ranschaert  
Braeden Rhode  
Mary Rouch  
Owen Rutishauser  
Kaitlyn Schlegelmilch  
Connor Sternaman  
Levi Stuart  
Dakota Szakacs  
Nikolas Szuba  
Nathan Taylor  
Isabella Tribbey  
Larissa Tungate  
Kory VanHuss



## Book Fair

February 13-16 7:45 am - 3:15 pm



### Family Event - Tuesday February 14



Book Fair 3 - 8 pm  
Ice Cream Social 5:30 - 7:30 pm

Come out and watch some NLES basketball before the event!  
The book fair will be open after school and throughout the ice cream social!!  
Everyone is welcome, so bring the family.

## Book Fair

February 13-16 7:45 am - 3:15 pm



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## FAMILY EVENT

Tuesday February 14, 5:30 - 7:30 pm

### Ice Cream Social & Book Fair

Need a study break or just a sweet treat? Come join us at the NLES Family Event for some ice cream sundaes. This is a free family event, however, donations are welcome (syrops, whipped topping, brownies, cookies, etc..)

After you enjoy your treat stop by the Book Fair for another treat – Books!! With each purchase you will be entered in a drawing to win a book and treat basket! This is a great opportunity for parents to shop with their children for Valentine's Day or to see what your child is interested in. We hope everyone will come out for some ice cream and fun ☺

Questions contact Denise Scott 360-1119, [smiles81675@yahoo.com](mailto:smiles81675@yahoo.com)



## FAMILY EVENT

Tuesday February 14, 5:30 - 7:30 pm

### Ice Cream Social & Book Fair

Need a study break or just a sweet treat? Come join us at the NLES Family Event for some ice cream sundaes. This is a free family event, however, donations are welcome (syrops, whipped topping, brownies, cookies, etc..)

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# Gym-NEWS-ium

## ***Climbing the Wall!!! K & 1st***

The K and 1st graders had a fantastic time enjoying learning how to properly and safely traverse the NLES climbing wall. They focused on introductory activities which allowed them to familiarize themselves with the climbing wall. Traverse Climbing involves a predominately lateral move; the focus is on a horizontal route vs. a vertical route. This is safer as students stay at a lower height. Traverse climbing also provides more than just physical benefits for students. They learn cognitive and social/emotional skills such as communication, problem solving, teamwork, respect, and more—all of which benefit a lifetime.





# Registers for Girls on the Run

Program Dates: February 27 – May 13, 2017

**What is it?** Girls on the Run is a curriculum based, after-school character development program designed for 3<sup>rd</sup> – 5<sup>th</sup> grade girls of ALL fitness and ability levels. The 10-week curriculum inspires each girl to find and stay true to her REAL self. Groups of 8 to 15 girls meet twice a week with their trained, volunteer coaches to discuss important life lessons while playing fun running games. Girls on the Run emphasizes independent thinking, making healthy choices, positive group dynamics and problem solving. Every girl is encouraged to be her best self. The program finishes with the girls running or walking in a non-competitive 5k on May 13, 2017.



For more information and registration visit:

[www.girlsontherunmichiana.org](http://www.girlsontherunmichiana.org)



Location:

North Liberty Elementary

Practice day/time:

Mondays & Wednesdays 3:15-4:45

Who to contact:

Breanne Goodsell 574.656.8123  
Jessica Cox 574.340.1721

Registration Timeline:

Open: January 4<sup>th</sup> Close: February 6<sup>th</sup>  
@midnight

# Registration Checklist

Please have the following information ready to register a participant:

- \* Location of program (school/site)
- \* Child's date of birth
- \* Child's T-Shirt size
- \* Child's grade
- \* Parent/Guardian contact information
- \* Individuals authorized to pick up participant
- \* Emergency contact information
- \* Allergy/medical information
- \* Health insurance information
- \* Doctor's name and phone number
- \* Dentist's name and phone number

A confirmation email will be sent after the online registration is completed. **This email does not guarantee a spot for your girl.** Registration is not first-come, first-served. If more than 15 girls submit registrations, a lottery system will be used to randomly select girls for the team. **Teams will be solidified February 13, 2017.**

**No girl is ever turned away for the inability to pay the registration fee.**

Reduced registration fees available for those who cannot afford the designated fee.

Standard Fee: \$160

Reduced Lunch Fee: \$80

Free Lunch Fee \$40

We depend on the honesty and integrity of each family to contribute as much as they can afford toward the full registration fee so our limited scholarship dollars will reach as many girls as possible.

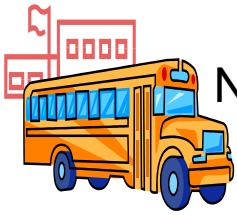


ATHLETA



GAMMA PHI BETA





Want to start a  
New adventure and  
**EARN MONEY?**

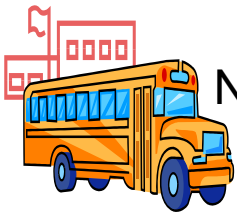


**John Glenn School Corporation** is looking for responsible, safety conscious people to become School Bus Drivers.

We do all training in house to earn the appropriate license. Requirements are a clean driving record, good health and a love of adventure. Earning money and being off when students are off, are two good reasons to consider School Bus Driving.

**Come join a Great Team, working together to keep kids safe.**

Interested applicants please call the Admin Office. 574-586-3129



Want to start a  
New adventure and  
**EARN MONEY?**

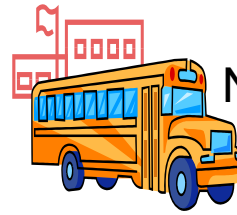


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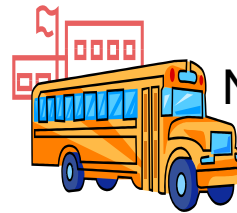


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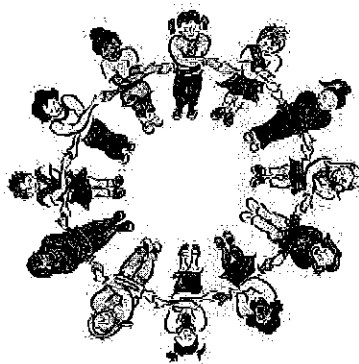
# Save the Date

Walkerton Elementary School  
John Glenn School Corporation

Presents

The 3rd Annual

## Disability Awareness Event



Please plan to join us on  
March 23, 2017  
5:30 - 7:00

For more information please contact: Lisa Rizek at: [lrizek@jgsc.k12.in.us](mailto:lrizek@jgsc.k12.in.us), call: 574-586-3186 ext: 4101



# North Liberty Youth League

## Registration for NEW AGE GROUPS

**T-Ball** 5-6 yrs. old

**Transition** 7-9 yrs old

**Baseball: Minors** 9-11 yrs old **Majors** 12-14 yrs old

**Softball: Minors** 9-11 yrs old **Majors** 12-14 yrs old

**March 4<sup>th</sup> and 18<sup>th</sup>**      **VFW Post 1954**  
**10 am to 1 pm**              **North Liberty**

Registration forms available at [NLYL.net](http://NLYL.net)

\$65 Registration fee for 1<sup>st</sup> child

\$60 Registration fee for 2<sup>nd</sup> child

\$55 Registration fee for each add'l child - in same household

No registrations forms will be accepted after **March 31, 2017**,  
due to the ordering of uniforms.

Sign ups **NEEDED** for:

ALL interested coaches!

Grounds crew and Umpires!!!

Concession stand volunteers!!!

For more information contact:

Andy Tropp 532-3560

Sheree Rudecki 250-3322

Sarah Collins 220-0282

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**June 3<sup>rd</sup>**      **First day of ball**  
**Opening Day/Picture Day**

---

## Trivia Night Fundraiser

**March 4<sup>th</sup> @ NL VFW Post 1954**

Doors open at 6 pm – Games start at 7 pm

**\$10/person – contact a board member for tickets**

**Silent Auction items & 50/50 drawing**

Light snacks will be provided - Cash bar

# Conflict Resolution Class Shirt Order Form

\*Cost per shirt \$15

\*Orders are due by Mon Feb 6

\*Please make checks payable to your school office (NLES or WES)

Student Name: \_\_\_\_\_

Teacher: \_\_\_\_\_

Circle your selections below:

Shirt Color	Youth Size			Adult Size			Add \$2	Total
Purple / Dark Grey	S	M	L	S	M	L	2XL 3XL 4XL	
Purple / Dark Grey	S	M	L	S	M	L	2XL 3XL 4XL	
Purple / Dark Grey	S	M	L	S	M	L	2XL 3XL 4XL	
Purple / Dark Grey	S	M	L	S	M	L	2XL 3XL 4XL	
Grand Total \$								

\*\* Proceeds will be donated to the *Children's Emergency Fund*.

\*\* Jerseys Unisex 50/50 Short Sleeve Tee





## Spring Break Enrichment 2017

Dear parents,

Registration for the new Spring Break Enrichment is just beginning. Spring Enrichment will be held at North Liberty Elementary from March 27th thru March 31st . Our program will be open from 6:15am until 6:00pm. The cost of the program will be \$18 a day. Payments are to be made by March 17th to guarantee a spot in the enrichment.

A field trip is in the works but not set yet more details will be given closer to Spring Break.

Please fill in the schedule of days your child will be in attendance. Lunch count and the activities need an accurate head count. We are looking forward to a fun filled week of activities and learning.

Sincerely  
Charman Dreessen

Please fill out the bottom portion and return to the B&A staff ASAP

Childs name: \_\_\_\_\_  
Age \_\_\_\_\_ Grade \_\_\_\_\_  
Parents name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Cell Phone: \_\_\_\_\_  
Work Phone: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_  
Emergency Phone: \_\_\_\_\_

ALL Allergies \_\_\_\_\_

Dentist: \_\_\_\_\_ Phone \_\_\_\_\_  
Doctor \_\_\_\_\_ Phone \_\_\_\_\_

3-27	3-28	3-29	3-30	3-31

# Home & School

## CONNECTION®

Working Together for School Success

February 2017



North Liberty Elementary  
Melanie Heiser, School Counselor

### SHORT NOTES

#### On time every day

Arriving at school on time allows your child to settle in and take full advantage of every learning activity. Let him take the lead on this important responsibility by teaching him to set an alarm. *Tip:* Suggest that he place the clock across the room so he has to get out of bed to switch it off.

#### A “mind rehearsal”

Have your youngster “practice” challenging situations in her mind to boost her confidence. Before a cheer-leading competition, for example, she could picture herself nailing her routines. Or if a big test is coming up, she might imagine staying calm and answering questions to the best of her ability.

#### Field trip learning

When you sign a field trip permission slip, show interest—you’ll inspire your child to learn more from his outing. Ask him to predict what he will see and learn. Together, look up the destination online or in books, and say something like, “I can’t wait to hear which instrument is your favorite at the symphony.” Then, follow up with him afterward.

#### Worth quoting

“Life’s most persistent and urgent question is, ‘What are you doing for others?’” *Martin Luther King, Jr.*

### JUST FOR FUN

**Q:** Why can’t you tell a joke while standing on ice?

**A:** Because it might crack up.



## Great graphic organizers

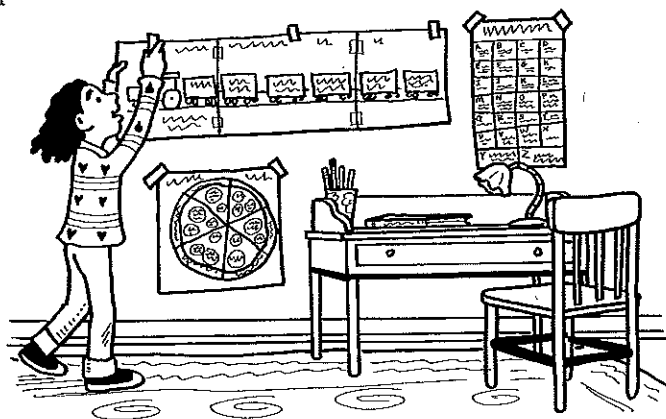
Organizing information in creative ways can make studying more interesting and productive for your youngster. Encourage her to try these graphic organizers—and to invent some of her own!

#### Cars in a train

Drawing a train is one way to understand and study steps in a process or events in a sequence, such as the parts of the scientific method or the plot of a novel. Suggest that your child label each train car with a step (“Ask a question,” “Make a hypothesis”) and add a picture to illustrate it.

#### Toppings on a pizza

Have your youngster draw a pizza to visualize facts. On each slice, she should write a category of information (example: “Lewis and Clark,” “Cartier,” and so on for a quiz on explorers). She can draw toppings (pepperoni, mushrooms) and put a fact on each one. On the Lewis and



Clark “pepperoni,” she might write, “Started in St. Louis” and “Ended at the Pacific Ocean.”

#### Letters of the alphabet

Let your child divide a sheet of paper into 26 squares and label them A–Z. Then, she could write a fact that begins with each letter. If her topic is habitats, she can define *desert* in the D square and *rain forest* for R. Being creative with less-common letters will get her thinking more deeply about the material (“Quick temperature drops happen at night in the desert” for Q).♥

## Respect all around

Every day, there are plenty of opportunities for your child to show respect for others. Here are examples.

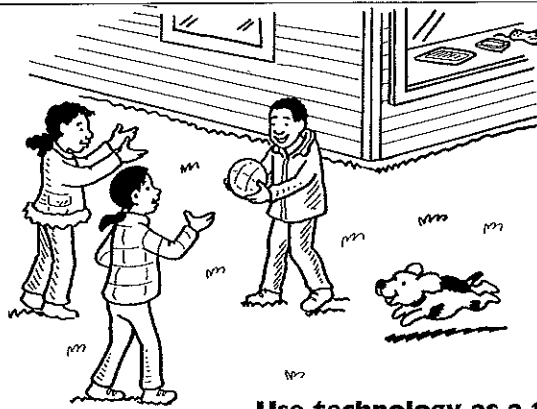
- **At home...** The dinner table is a great place to start. Teach your youngster to thank the cook. He’ll show respect for the person’s time and care in preparing the food.
- **In school...** Encourage him to be respectful of other children’s backgrounds by learning greetings in the languages they speak at home.
- **In your community...** Explain that shoppers respect store employees by not creating extra work for them. If you decide you don’t need an item in your cart, help your child return it to where it belongs. After you load groceries into your car, have him walk with you to return the cart.♥



## Keep screen time in check

Do you worry that your child spends too much time in front of a screen? Do you wonder how he could best use technology? Consider this advice for helping him to balance screen time with other activities and to make the most of the time he does spend on electronics.

**Aim for a mix.** Together, look for ways to balance screen time with schoolwork, active play, and



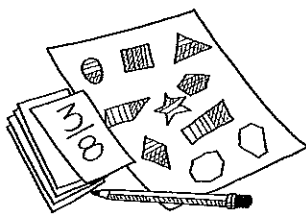
**Use technology as a tool.** Encourage your child to regard a device as a tool to use for specific purposes. He might download an astronomy app to help spot constellations in the night sky or a birding app to identify bird calls during a hike. He'll learn to rely on technology for real-life purposes. ♥

### ACTIVITY CORNER

### Fraction art

Your youngster can practice identifying and representing fractions by creating this colorful mosaic with you—fraction by fraction.

**Materials:**  
pencil, paper,  
index cards,  
crayons



1. Let your child draw 10 geometric shapes on a sheet of paper, such as circles, squares, rectangles, triangles, trapezoids, and pentagons.
2. On separate index cards, have her write any 12 fractions (examples:  $\frac{1}{2}$ ,  $\frac{1}{3}$ ,  $\frac{1}{4}$ ,  $\frac{2}{6}$ ,  $\frac{3}{8}$ ). Shuffle the cards, and stack them facedown.
3. Take turns flipping over a card (say,  $\frac{3}{8}$ ). Pick a shape, and color in that fraction on the shape (draw lines to divide it into 8 equal parts, and color 3 parts).
4. When you've used all the cards, shuffle and keep going. Continue until you've filled as many shapes as possible.

**Note:** If you get a fraction that isn't available to color, turn over cards until you select one you can use. ♥

#### OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

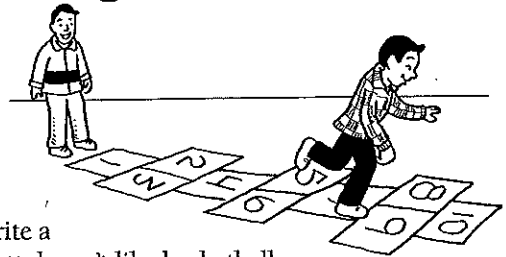
Resources for Educators,  
a division of CCH Incorporated  
128 N. Royal Avenue • Front Royal, VA 22630  
540-636-4280 • rfeustomer@volterskluer.com  
www.rfeonline.com

ISSN 1540-5621

## A plan for problem solving

When your child faces a problem, having a solid plan can help him figure out how to solve it. So whether he's had a disagreement with a friend or has fallen behind on his schoolwork, suggest this approach.

- **Identify the problem.** Let him write a quick summary of what's wrong. ("Elliott doesn't like basketball, but that's what I usually play at recess.")
- **Imagine the ideal solution.** For instance, he probably wants to remain friends and still play basketball.
- **Figure out alternatives.** Encourage him to brainstorm solutions. Examples: "Offer to play with Elliott at recess every other day." "See if he wants to find something to play that we both like."
- **Choose a solution.** He could pick the solution he likes best or that he thinks is most likely to work.
- **Evaluate.** Have him try out that solution and ask how it went. If it didn't work, then he can consider another alternative from his list. ♥



### PARENT TO PARENT

### Overcoming shyness

My daughter Gabrielle has always been shy and quiet around people she doesn't know well. This year, her teacher told me she was worried because Gabrielle rarely speaks in class.

We met with the school counselor, who had some good advice. For example, I'm trying to let Gabrielle speak for herself rather than jumping in to "rescue" her. When someone asks her

name, I smile at her and wait instead of saying it for her. I'm also encouraging her to order her food in restaurants and to speak up at places like the hair salon and the dentist's office.

The counselor helped Gabrielle set a goal of raising her hand to answer a question at least once a day. We're having fun practicing by playing school at home—and her teacher just sent home a note saying she's seeing a little progress! ♥

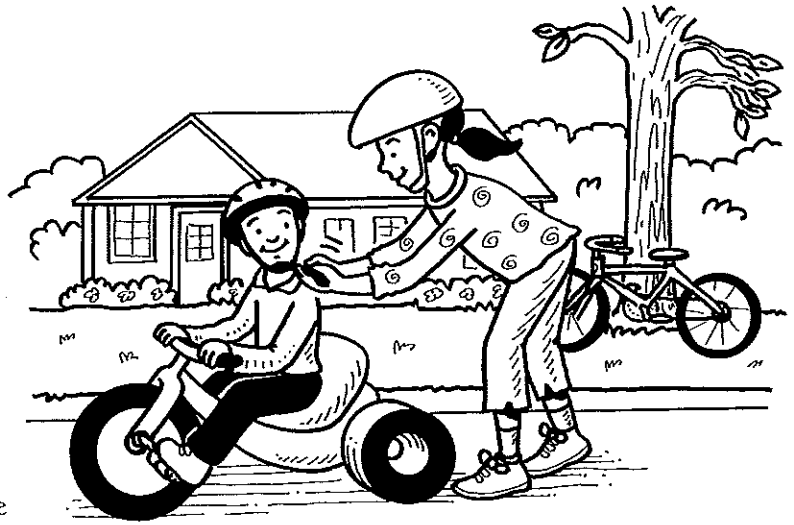




# Kindness and Compassion

Performing simple acts of kindness and compassion encourages your child to think of others and makes her feel good about herself—a one-two punch that also helps to prevent bullying. Try these ideas to inspire your youngster to be a kind and compassionate person.

.....



## AT HOME

What do kindness and compassion look like? Use these activities to help your child spot kindhearted actions in her daily life.

### Make a reminder

Look up *compassion* and *kindness* in the dictionary together. Then, have your youngster collect quotations about these qualities from books or websites. *Example:* "Always try to be a little kinder than necessary." —J. M. Barrie. Ask your child to invent



her own sayings, too, such as "Be a ray of sunshine and brighten someone's day." Next, let her use her favorites to create a placemat. She can write the quotes graffiti-style on construction paper. Slip the paper into a plastic sheet protector so her placemat lasts longer. *Tip:* Suggest that your youngster spread the compassion message by making a placemat for each family member.

### Catch kindness

Show your child how much kindness happens around him every day—he'll see ways he can be kind, too. Have him make a label to stick on a clean, empty jar. It might say "Be kind" or "We're a kind family." Place the jar in an easy-to-reach location

*continued*

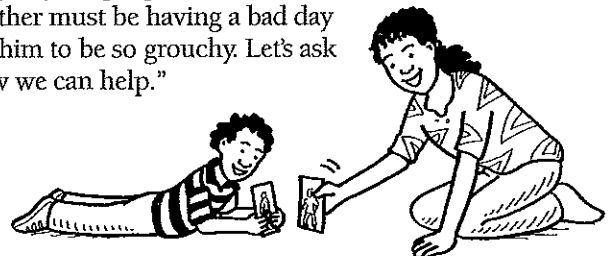
## The anti-bullying connection

Empathy is a powerful tool against bullying. When children can imagine themselves in another person's shoes, they're less likely to be bullies and more prone to step in if someone else is bullied. These strategies will help your youngster consider how other people feel:

- Using pictures in magazines, take turns inventing scenarios that encourage you to put yourselves in another person's place. *Example:* "Someone tripped this boy on the playground. How would you feel if that happened to you?"
- While watching videos or reading, point out when one character shows empathy for another. "George could see

how sad Lucy was when those kids were teasing her. I'm glad he stood up for her."

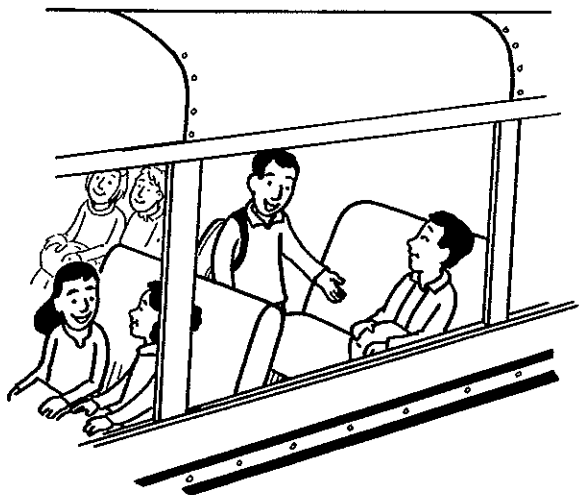
- Think aloud to help your child understand how to show empathy for people who act angry, rude, or mean. "Your brother must be having a bad day for him to be so grouchy. Let's ask how we can help."



along with slips of colored paper and a pen. Now tell everyone in the family to add a note to the jar when they “catch” someone being kind. For instance, “Dad made soup for me because I didn’t feel well” or “Jeremy cleaned up the dog’s muddy paw prints so Mom didn’t have to do it.” Once a week, read the slips aloud. Then, start a new batch.

## AT SCHOOL

When students are kind and compassionate, there is more learning and less bullying. These ideas can help your youngster be a caring classmate.



### Welcome someone new

Have your child think about what it feels like to be the new kid. You might remind him how he felt on his first day somewhere. Maybe he was afraid the kids at basketball camp wouldn’t like him or that he’d have no one to play with at an after-school program. Then, help him think of ways to make things better for a new student. For example, he could sit with the classmate on the bus or invite him to join a kickball game at recess.

### Share a compliment

While your youngster doesn’t have to be best friends with everyone in her class, she does need to be nice to them. Encourage her to focus on each person’s strengths instead of reasons she might not like them. Try prompting her with questions like “Who is a good athlete?” or “Who draws cool pictures?” Suggest that she use those answers to give compliments. For instance, in art class, she can tell a classmate she likes his painting. After a spelling bee, she could congratulate the winner. She may be surprised to see that a few nice words will encourage others to be kind, too.

## AROUND TOWN

When your youngster regularly puts others first, kindness and compassion become second nature. Take advantage of big and small opportunities for her to make a difference in the community.

### Pay it forward

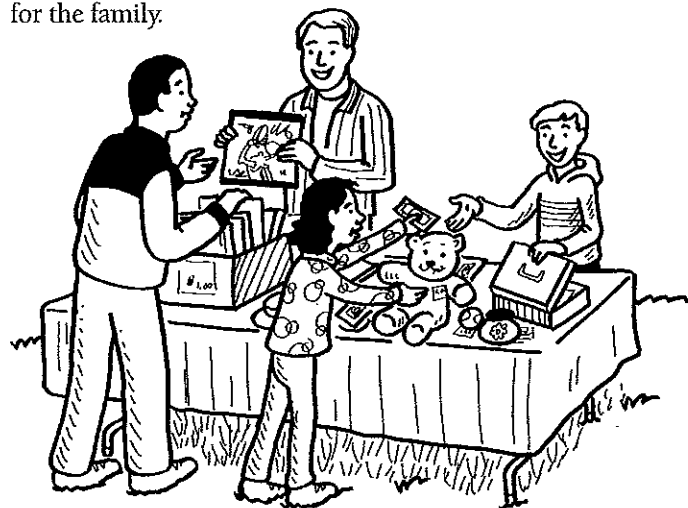
Make it a family policy to do two kind things for each one done for you. Be sure to let your child know that even small things count. Someone might hold the door open for her to enter a restaurant, for example. To pay the kindness forward (twice), your youngster could hold the door for another person—and offer to get an elderly couple’s order when it’s called.

For times when she can’t pay it forward right away, your child can watch for chances to catch up during the day.



### Encourage a can-do attitude

In tough situations, your youngster may want to show compassion but feel that his actions won’t make a difference. For instance, he might want to help a neighborhood family who lost everything in a house fire. Remind him that while some things are too big for him to fix completely, there’s still plenty he can do. Then, brainstorm ideas together. His list could include everything from donating clothes from his own closet to bigger things like having a yard sale to raise money for the family.



# February 2017

## John Glenn School Corporation

### BREAKFAST



#### School Information:

Full Pay: \$1.25 Reduced .30  
Students must select a fruit and or juice with each meal.



#### Nutrition Tip:

Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts. This institution is an equal opportunity provider



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday



French Tst sticks  
Fruit and Juice

1

PBJ Graham  
Fruit and Juice

2

Donuts  
Fruit and Juice

3

Apple Cinnamon Tx Tst  
Fruit and Juice

6

Cheese Omelet  
Muffin  
Fruit and Juice

7

Blueberry Coffee Cake  
Fruit and Juice

8

Pancake/saus/stick  
Fruit and Juice

9

Oatmeal Round  
Fruit and Juice

10

Cereal  
Pop Tart  
Fruit and Juice

13

Breakfast Pizza  
Fruit and Juice

14

Chicken/biscuit  
Fruit and Juice

15

PBJ Graham  
Fruit and Juice

16

NO SCHOOL

17

NO SCHOOL

20

Cereal  
Pop Tart  
Fruit and Juice

21

Blueberry Coffee Cake  
Fruit and Juice

22

Pancake/saus/stick  
Fruit and Juice

23

Oatmeal Round  
Fruit and Juice

24

Cereal  
Pop Tart  
Fruit and Juice

27

Breakfast Pizza  
Fruit and Juice

28







# FEBRUARY | 2017

## North Liberty Elementary School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BBQ Rib/bun Potato Wedges Green Beans Beets Warm Cinnamon Apples	Orange Chicken/rice Sweet Peas Garden Bar Pineapple Tidbits Blueberry Muffin	1 Cheese Pizza Slice Garden Bar Golden Corn Grapes	2 Chicken Nuggets Mashed Potatoes/gravy Warm Dinner Roll Rst Butternut Squash Mixed Vegetables Strawberry Cup	3 <u>National Wear Red Day</u> Turkey Sandwich Heartzel Pretzels Baked Beans Crunchy Veggies/dip Fruit
6 Chicken Patty/bun Steamed Broccoli Oven Baked Fries Beets Applesauce	7 Pasta/meat sauce Garlic Twist Garden Bar Rst Baby Carrots Diced Pears	8 Chicken Smackers Golden Corn Sweet Peas Warm Dinner Roll Sidekick Fruit Slushie	9 Scrambled Eggs Crispy Cubed Potatoes Crisp Celery/PB Orange Wedges Dutch Waffle Juice	10 Bosco Sticks/sauce Garden Bar Green Beans Fruit
13 Hamburger/bar Oven Baked Fries Carrot Coins Mandarin Oranges/Pineapple	14 <u>Valentine Day</u> Love me Tenders Steamed Broccoli Cheesy Potatoes Warm Dinner Roll Fresh Fruit Cup Cherry Vanilla Ice Cream	15 Cheese Ravioli Garlic Twist Garden Bar Green Beans Diced Peaches	16 Sloppy Joe/bun Potato Crisp Chips Crunchy Veggies/dip Baked Beans Fruit	17 NO SCHOOL (Snow Make Up)
20 NO SCHOOL (Snow Make Up)	21 Pepperoni Calzone Garden Bar Green Beans Banana	22 Soft Taco/toppings Spanish Rice Fiesta Corn Salad Grapes Juice Carnival Cookie	23 Chicken & Noodles Mashed Potatoes Warm Dinner Roll Sweet Peas Diced Peaches	24 Turkey Sub Sandwich Tri Tater Crunchy Veggies/dip Baked Beans Raisins
27 Mini Corn Dogs Green Beans Cheesy Potatoes Beets Warm Cinnamon Apples	28 Shamrock Potato Bowl Steamed Broccoli Baby Carrots Bread & Butter Mandarin Oranges/Pineapple			

### News

**Breakfast offered daily  
in the cafeteria**

**Full Pay: \$1.25**

**Reduced: .30**

### Lunch

**Full Pay: \$1.90**

**Reduced: .40**

**February is Heart  
month. Be good to  
your heart and eat  
plenty of fruits and  
vegetables!!**

**Q. What kind of  
flowers do you never  
give on Valentine's  
Day?**

**A. Cauliflowers**