



SHAMROCK SHOUT OUT!

OCTOBER 2017

October Events

3rd- John Glenn School Board mtg. 7 PM
10th – Fire Safety Day KDG. 1st, 6th
10th – PTO Meeting in Library 3:15
13th– End of 1st Grading Period
17th- John Glenn School Board mtg. 7 PM
19th – Picture Retake Day
20th- Report Cards emailed
23-25th – Red Ribbon Week
26th-27th – Fall Break – No School

Grandparents/VIP Week October 2-6

This special day is from 8:30-9:30 with some light snacks and drink in the cafeteria.

Oct. 2 Monday: 3rd & 6th Grade
Oct. 3 Tuesday: 1st Grade
Oct. 4 Wednesday: 4th Grade
Oct. 5 Thursday: 2nd & 5th Grade
Oct. 6 Friday: KDG

Book Fair Week Oct. 2-6

The book fair is available in the back gym during Grandparents/VIP Day and at scheduled classroom visits.

3rd Annual Public Safety Day Oct. 13th

During recess, the school invites local, county, and state police officers, fire and rescue staff, and other members involved with public safety to feel like rock stars. The students love the interaction and opportunity to ask questions with sirens blaring.

Practice Lock Down Drill

Following the Oct. 13th Public Safety event, the school performs a lock down drill as officers walk the hallways and enter classrooms. Teachers will be practicing for the drill in the coming days.

Modified Gr. 4-6 Science Fair

NLES has adopted new IN Science Standards that incorporate the scientific method thru robotics, Project Lead The Way (PLTW) activities and current science investigation methods. Students may choose to participate in the Science Fair, which was required in past years. More information to come from the Science teachers (Ms. Marks – 4th, Ms. Traub – 5th, Mrs. Weiss – 6th).

Join the 4H Club

It's time to start a new 4-H year! With clubs and projects ranging from robotics to rabbits, fashion to foods, crafts to cows, Legos to leathercraft and in every county, parish, and territory of the U.S. 4-H has something for everyone, no matter where you live! 4-H is open to ALL children ages Kindergarten through 12th grade. Enrollment deadline for tenured (returning) members is Dec. 1, 2017 and youth new is May 1, 2018.

Liberty Township 4-H Club will be having an information and enrollment day mid-November at the North Liberty Elem. School in the cafeteria & computer lab. If you have questions, email libertytwp4h@live.com

Before & After Program: "Lights on Aftercare"

A day of celebration for Aftercare programs across the nation. We are spotlighting the need and importance of Aftercare programs for our youth. Open to all Elementary JGSC parents and children.

Where: Walkerton Elementary School

When: Thursday Oct. 19, 2017

Time: 6:30 pm to 7:30 pm

Activities: games, prizes and snacks

Box Tops for Education

First submission for the box tops is October 20th. Please attach them to a paper in groups of 50 and send in the Bonus Box Tops separately. Check the expiration date as you cut and paste.

It's Crunch Time

On October 12th at lunch, students will be participating in the Great Lakes Great Apple Crunch. Schools will be providing local apples for all students and staff to support the National Farm to School Network.

Transportation Changes

We ask that you CALL the office with any transportation changes (bus, car rider, etc) by 1:30 PM. Emails to teachers and office staff are convenient but not always reliable.

A great place to learn, teach, lead and succeed.

Be A Force for Kindness
October 23 – 25, 2017

The *Drug Free Force* is with me. *Be a Force for Kindness!*

Red Ribbon Committee: Emma Ernsberger (6H), Steven Valentiny (6H), Sophie Minnick (6C), Zach Litteral (6C), Trinity Wallace (6W), and Jeff Lewis (6W).

Monday – *Be a friend to everyone. Respect other people’s differences and treat them how you want to be treated.*

Wear red or wear a color for Cancer Awareness/Other Cause. Sign and decorate your Locker Pledge/Poster. Three winners will be chosen from each classroom on Wednesday afternoon.

Celebrate being a *Force for Kindness* and receive a pencil.

Tuesday – *Use kind words when you speak to people or about them. Say, “Please,” “Thank you,” and “You’re welcome.”*

Wear Crazy Hair, Backwards/Mismatch Clothing, or Sports Apparel. Bring a stuffed animal (must fit in your book bag).

Celebrate being a *Force for Kindness* and receive a bookmark.

Wednesday – *Set a good example for others. Be a good listener and help people who are in need.*

Wear Orange for Anti-Bullying Day, favorite Star Wars Character, or a hat.

Celebrate being a *Force for Kindness* and share a smile with everyone you see today!

The Red Ribbon Committee will be judging Locker Pledge/Posters at lunchtime. Be sure to have your poster ready to display by Wednesday lunch. Winners to be announced at 2:20.

Thank you for encouraging your child to “*Be a Force For Kindness*”.

If you have any questions, please contact your child’s teacher or Mrs. Melanie Heiser.

Gym-NEWS-ium

6th Graders - Archery—The NLES 6th grade students are coming to the end of their NASP Archery unit and having a fantastic time. So what is NASP? NASP stands for National Archery in the Schools Program. NASP promotes international-style archery as part of the in-school curriculum to improve educational performance and participation in the shooting sports among students in grades 4-12. Nearly everyone can enjoy success at archery. The sport or discipline of archery is highly inclusive and is for many enthusiasts, a life long activity. Archery is a diverse and super-safe shooting activity with a wide variety of formats and styles. In NASP-style archery, students of all genders, abilities and backgrounds flourish. Your students are really enjoying Archery!



5th Graders - Bowling—The NLES 5th grade students just finished their Bowling unit and had a striking good time. So why do we teach Bowling?

- There are no size or strength limitations for success.
- Bowling is a Family-Oriented Activity.
- Bowling builds self-confidence and positive self-esteem.
- Bowling is a great team sport.
- Bowling is a great individual sport.
- Bowling can be enjoyed in a social or a competitive form.
- Bowling is a success-oriented lifetime sport.
- Bowling provides enjoyment for children of any age.
- Bowling is FUN!

The students took a field trip to Chippewa Bowl on Thursday, September 21st for lunch and bowling. Many thanks go the adult chaperones and students who all had a great time.



4th Graders - GOLF—The First Tee National School Golf Program curriculum centers on four primary areas: 1) lifelong activity, 2) character and health education – personal and social responsibility, 3) motor skill and concept learning, and 4) developmental approach to learning. Participating students actively engage in a variety of motor skills associated with striking a stationary ball with a long-handled implement to a target. Striking is taught through the basic golf skills of putt, chip, pitch and full swing in gradual progression to align with stu-

dents' developmental process as they move through 24 lessons throughout the elementary years. Basic skills are presented to students on how to hold, set up, and safely swing a putter and a wedge. Cue word sequences are taught to enable students to better understand the body positions for performing the critical elements of each skill. Students participating in the National School Program will learn the basic motor skill concepts of personal space, force, flow, relationships to objects, and routines. As a culmination to the Golf classes, the 4th grade students travelled to the Tri-Way Family Golf Facility in Plymouth on Friday, September 15th to practice the new skills that they learned in PE class. The adult chaperones were so important to the success of this field trip as 75 students and their chaperones were packed on the 18 hole miniature golf course. Everyone had a great time as they putted around the course, playing an entire round, and competing with friends, parents, and teachers. Thanks everyone for a fantastic field trip.

3rd and 2nd Graders - Tennis



Although different than what most adults grew up with, tailoring tennis equipment and court sizes for those under the age of 10 makes sense. Think about it...you do not see kids playing soccer or baseball with adult-sized equipment or on regulation size fields. Since we have indoor nets from a previous fundraiser, the NLES PE classes used the QuickStart Tennis play format. The 2nd and 3rd grade students had fun learning beginning tennis skills. Using this format, you didn't see students waiting in lines to hit the ball or see tennis balls bouncing over your child's head. What you would have seen was the children having success and enjoying the game right away, while wanting to come back for more and developing a passion for this lifetime sport. Remember, tennis is a sport that gets kids moving, improves balance, agility and hand-eye coordination, and can teach self-confidence and self-assurance.

1st and K Graders - Perceptual Motor

Perceptual-Motor abilities are strengthened through activities with bean bags, balls, jump ropes, hoops, and scooters which are all units that these grades will be participating in in the coming weeks. Perceptual motor development at this stage is an important part of the PE process.

Primary objectives:

1. Assist each student in acquiring efficient movement.
2. Promote improved sensory functioning.
3. Development of a positive self-image.

The main areas of program concentration are in promoting improved:

1. Balance Skills (Static and Dynamic)
2. Locomotor Skills (Transport Movements)
3. Hand-Eye and Foot-Eye Coordination
4. Body and Space Awareness



The Swoop Scoop

“Swoop” is a nickname for our Title I Program. Students in grades K–3 may qualify for extra reading support each semester thanks to a federally funded program for which JGSC qualifies.

Swoop Groups are in full swing! Our groups are led by our dedicated **Swoop Crew**. Mondays through Fridays, our highly qualified instructional aides work within K–3rd grade reading classes. Some students work in the afternoons for half hour periods. The students work in consistent small groups with research based reading lessons led by an instructional aide.



Join us for Family Night! Tuesday, October 17, 6–7:30pm at NL&ES.

Games, art, and pizza! It has been shown that parents who place an importance on reading have children who become better readers! YAY! Mark your calendars for October 17, and send back your rsvp flyer (Swoopers will bring it home!)

September Small Group Spotlight:

One 2nd grade Swoop group read an interesting non–fiction book about a baby panda. The students all gave this book a thumbs up positive rating.



They determined the book was non–fiction because of the photographs and information. **Chelsey’s** favorite part was learning that the mama panda holds the baby in her arms to cuddle it. **Ellie’s** favorite parts were the pictures of the newborn panda with a bottle and the mother panda cradling the baby. They both loved the one–year



birthday celebration with a giant ice cube “cake.” It is cool to read to learn new things!



The Swoop Crew:

Mrs. Weiss, Title I Teacher, and Instructional aides: Mrs. MacLeod, Mrs. Tibbs, and Ms. Zoellner

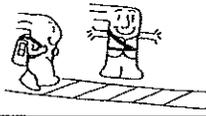
You are your child’s most important teacher! Thank you for your support and teamwork! Mrs. Weiss

Home & School

Working Together for School Success

CONNECTION[®]

September 2017



North Liberty Elementary
Melanie Heiser, School Counselor

SHORT NOTES

Sign your work

Encourage your youngster to get in the habit of writing his name on his paper before he begins an assignment. He could think of it as "autographing" his work, just like artists sign their masterpieces. His teacher will know who the paper belongs to, and he'll get credit for his hard work.

Safety smarts

Help your child travel safely to and from school. Explain that it's important to avoid horseplay at the bus stop and to stay away from the street. If your youngster walks to school, make sure she sticks with a group. And if you drive, drop her at the designated spot, and remember to stop for school buses loading or unloading children.

Extra fun, extra learning

Extracurricular activities let your youngster explore hobbies and find friends with similar interests. He might join an art club, a robotics group, or a sports team, for instance. To find options, check in the school office or on the school website.

Worth quoting

"Education is the most powerful weapon which you can use to change the world." *Nelson Mandela*

JUST FOR FUN

Q: Which side of a duck has the most feathers?

A: The outside!



Great year ahead

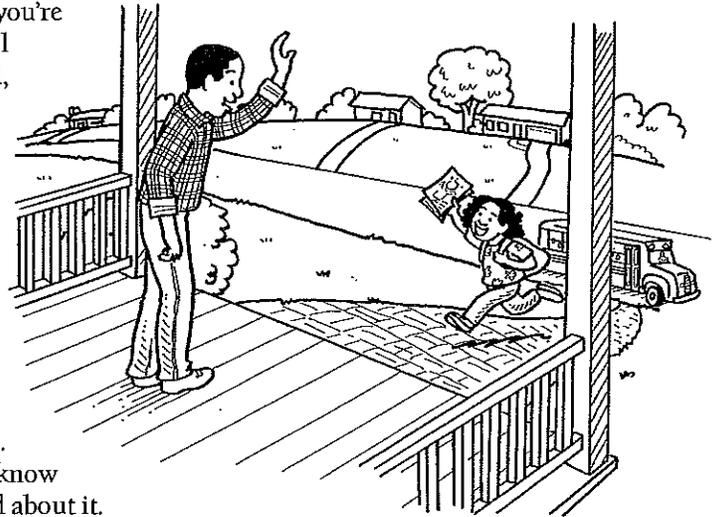
Showing your child you're excited about the school year will get her excited, too. Encourage her to share what she learns and to make the most of each school day with these strategies.

"What will you learn today?"

Talk about your youngster's day at school *before* it happens. In the morning, let her know you can't wait to hear all about it. She'll be on the lookout for things to tell you. She might even jot down notes to remember the highlights (a science experiment she enjoyed, the words to a song she sang in music class).

"Show me what you did!"

Ask your child to demonstrate something she learned. Perhaps she'll show you how to measure the area of a room or write a line of code. You'll get to see what she's working on in school. Plus, explaining something out loud will help



her understand and remember it—and build her confidence.

"What's new this year?"

Each school year brings something exciting that your youngster couldn't do the year before. Maybe she'll go to recess on a different playground, join the chorus, or change classes for math or reading. Build enthusiasm by talking up these experiences in the first weeks of school, and keep her motivated by following up as the year goes on. ♥

Team up for success

Teamwork is an important part of life in school *and* at home. Try fun games like these to help your youngster practice cooperating with others to reach a common goal:

- Line up, and pass a balloon from one person to another without dropping it—using anything but your hands.
- Stand in a circle, and hold hands.

Then, have everyone turn around so they're facing the opposite direction. The catch? You can't let go of each other's hands! ♥



Organized all day long

Being organized can reduce stress and make the school day go more smoothly. Here's a checklist that will help.

Morning

- ❑ Show your child how to set an alarm that will wake him up in time to get ready for school.
- ❑ On a sheet of paper, help him draw or list morning tasks, such as "make bed" and "brush teeth." Let him post the list where he can see it (say, by his bed or on the bathroom mirror).



After school

- ❑ Have your youngster go through his backpack to take out homework and throw away trash. To store work he wants to save, he might use folders or a shoebox.
- ❑ Ask him to place papers for you in a special spot, perhaps a basket. Look them over, and sign papers as needed.

Nighttime

- ❑ Before bed, your child should put needed items in his backpack. *Examples:* completed assignments, signed permission slips, show-and-tell objects.
- ❑ Suggest that he pick out clothes and choose breakfast foods for the next day. He could get a head start by setting out cereal, fresh fruit, and a bowl and spoon.♥



ACTIVITY CORNER

A homemade calendar

Encourage your child to use a calendar this school year by having her make her own. Follow these steps.



1. Label. Have her draw a calendar page for each month, labeling the month and days of the week. She can refer to a real calendar to fill in the dates.

2. Illustrate. What does each month make her think of? Let your youngster illustrate the top of each sheet—maybe she'll draw herself making new friends in September and painting pumpkins in October.

3. Fill in. Now she can write in regular events (library day on Mondays, spelling quizzes on Fridays). As the year goes on, she could add assignment due dates, tests, or other reminders.♥

PARENT TO PARENT

Building knowledge—on a budget

I heard that giving your kids lots of experiences in the community provides "background knowledge" that helps them succeed in school. We're on a tight budget, so I looked into outings for my daughter, Carly, that don't cost a lot.

First, we searched online for free days at nearby museums. I even saw an ad for "Museum Day Live!" on September 23, when many museums offer two free tickets per family. Carly picked out one on pioneer life and another with hands-on engineering projects.

Then, at the farmers' market, someone mentioned a farm that gives free tours. We visited last Saturday, and Carly got to pick apples and see how cows are milked. I'm glad Carly is having new experiences—and we are sticking to our budget.

Editor's note: See smithsonianmag.com/museumday/museum-day-live-2017/ for more information about Museum Day Live!♥



Q & A

How to manage screen time

Q: My son could spend hours watching videos or using apps. How can I set reasonable limits?

A: The goal should be for your son to have enough "unplugged" time to finish schoolwork, be with family and friends, get exercise, and relax. Experts suggest coming up with a plan that suits your family.

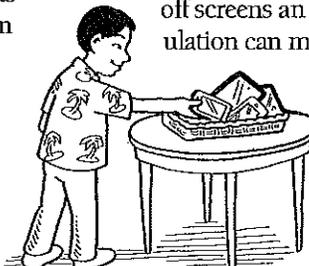
Think about what your youngster uses devices for. A fifth grader may need a computer for homework, while a younger child might simply play on a tablet. Then, set limits that make sense.

Maybe you'll decide on a half-hour of screen time on school days (after homework is done) but give him an hour a day on weekends.

It also helps to name times for everyone to stay off screens, perhaps during meals and car rides. Also, consider turning off screens an hour before bed—the stimulation can make it harder to fall asleep.

Note: Set aside a place for stowing devices so they're out of sight.

To create a plan, see healthychildren.org/English/media/Pages/default.aspx.♥



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Home & School CONNECTION[®]

Working Together for School Success

October 2017

North Liberty Elementary
Melanie Heiser, School Counselor

SHORT NOTES

Speak clearly

To boost your child's communication skills, let her introduce herself when she meets people rather than doing it for her. Also, encourage her to be clear and specific when asking for help. If she says, "I can't do this," you might respond, "What are you asking for help with?"

Rested and ready

When your youngster wakes up easily and feels ready to start the day, that's a good sign he's getting enough sleep. But if he's too groggy in the morning or he's sleepy in school, try slowly adjusting his bedtime until he feels alert in class. *Note:* Experts recommend 10–11 hours of sleep per night at this age.

DID YOU KNOW?

Repetition helps your child's brain form new connections. Say she wants to improve her soccer dribbling skills. She might practice for a certain number of minutes every day. Or if she'd like to learn origami, she could check out a library book on the topic and work on her favorite designs.

Worth quoting

"The whole world opened to me when I learned to read." *Mary McLeod Bethune*

JUST FOR FUN

Q: Why did the elephant paint himself different colors?



A: So he could hide in the crayon box!

Consequences that work

Matthew was supposed to put away his toys and games, but he didn't. So when his mom tripped over a block, she thought carefully about what an appropriate consequence for him might be. Consider the following ideas to set consequences that encourage your youngster to listen and follow rules.

Make it logical

A consequence should relate to the situation at hand and promote the behavior you want. If your child, like Matthew, doesn't put his things away, you might say he has to store them away for a period of time. Living without them may make cleaning up more important to him.

Keep it reasonable

Take into account your youngster's age and stage of development. A little one may lose screen time for a day if he won't turn off the TV when you ask him to. An older child might have to go



without electronics for a week if you see him posting on a social media site he's not allowed to use.

Allow natural outcomes

Let your youngster learn from what happens naturally. Say he wants to wear his school T-shirt on Spirit Day, but he didn't put it in the hamper. The result? He will need to wear something else. Or if he forgets his trumpet on band day, he won't be able to play his instrument with the rest of the class.♥

Attention! Attention!

Staying focused during class will help your child do her best work. Here are strategies that can make a difference.

Role play. Pretend you're the teacher, and have your youngster show you what a student who is paying attention looks like. She might sit quietly with her eyes focused on you.

Stretch attention span. Suggest that your child do activities that require concentration. Examples include putting together jigsaw puzzles or building a house of cards.

Remove distractions. Encourage her to keep only what she needs on her desk. For instance, she should put away art supplies during a social studies lesson.

Note: If your youngster has trouble focusing at home, ask her teacher how well she focuses during school. The teacher can share what she notices and offer advice.♥



Pumpkin power

What's orange and round and full of opportunities to learn? A pumpkin! Your child can try these activities.

Math

Have your youngster estimate how many "stripes" (ridges) are on a pumpkin and count to see how close she came. She could paint each stripe as she counts it, switching colors to create a pattern. The colors will help her keep track of the number of stripes—and she'll have a pretty pumpkin to display!



Writing

Suggest that your child design a brochure for an imaginary pumpkin festival. Encourage her to give her festival a name and describe features, such as mini-pumpkin hunts, pumpkin catapults, or hayrides.

Science

Your youngster may be surprised to discover that pumpkins float. Let her try making boats out of them. She could start with a whole-pumpkin boat (cut off the top and scrape out the insides). Then, help her carve boats of different sizes and shapes, perhaps deep and wide or shallow and narrow. How does the design affect whether they float or sink?♥

ACTIVITY CORNER

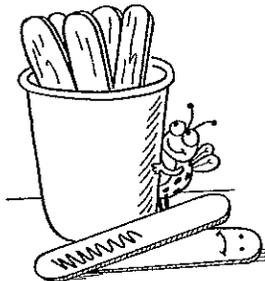


"Sticky" vocabulary

Play this game with your youngster to help him learn vocabulary words.

Materials: marker, craft sticks, cup, dictionary or textbook

Let your child write each vocabulary word (or boldface word from a textbook) on the end of a craft stick. On three



more sticks, he should draw "frowny faces" instead of writing words. When he's finished, have him place all the sticks in a cup, printed ends down.

Take turns pulling out a stick and using the word in a sentence that makes its definition clear. Check the dictionary or textbook—if you're right, keep the stick. If not, return it to the cup. But be careful: Draw a frowny face and you lose all your sticks! (Set each frowny face aside after it's drawn.)

When all sticks have been claimed, the player with the most wins.♥

PARENT TO PARENT

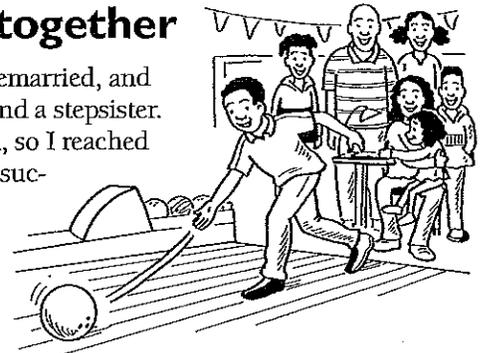
Blending together

I recently got remarried, and my children now have a stepbrother and a stepsister. My husband and I want us all to bond, so I reached out to a coworker to see how she had successfully blended her new family.

Nancy recommended that we find pastimes everyone can enjoy together. That way, the children will get to know each other in a more relaxed way. We asked the kids for ideas, and they thought of bowling, skating, and playing board games.

My friend also mentioned the importance of respecting each other's space and belongings. So my husband and I made sure to talk to our kids about knocking before entering each other's rooms and asking for permission before borrowing items.

For now, we're taking one day at a time. Recently, we went bowling and had some good laughs. Feeling like a family may not happen overnight, but at least we're on our way.♥



Q & A

Healthy after-school snacks

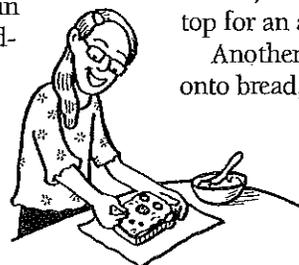
Q: My daughter is hungry after school, but it's hard to come up with nutritious snacks that she's excited about eating. Any recommendations?

A: Add a fun twist to healthy sandwiches by presenting them in a whole new way. Try a sandwich-on-a-stick, for example. Help your child cut whole-grain bread and cooked turkey into small pieces. Then, she can thread them onto a toothpick or bamboo

skewer along with cheese cubes and cucumber slices.

Or core an apple and slice it into rounds. Let her spread peanut or sunflower butter on one slice, sprinkle with raisins, and place a second apple slice on top for an apple sandwich.

Another idea is to scoop tuna salad onto bread, and your daughter can create a smiley face on top. She might use sliced green olives as eyes, a grape tomato for the nose, and chickpeas for the smile.♥



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NORTH LIBERTY VETERANS DAY PROGRAM

NOVEMBER 10th @1:00PM

NLES MAIN GYM

Please let us know any veteran that will be attending

Please indicate if your veteran is a World War II Veteran.

Invite all Veterans even if they do not have children, etc at the school.

Thank you,

North Liberty Staff

Veteran(s) _____

Student name: _____

Home Room Teacher: _____

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Nutri Grain Bar Fruit Juice 2	Sausage Biscuit Fruit Juice 3	Apple Cinnamon Tx Tst Fruit Juice 4	Mini Bagels Fruit Juice 5	Dutch Waffle Fruit Juice 6
Breakfast Pizza Fruit Juice 9	Scrambled Eggs Blueberry Muffin Fruit Juice 10	Yogurt Nutri Grain Bar Fruit Juice 11	Pancake/saus/stick Syrup Fruit Juice 12	Chocolate Chip Coffee Cake Fruit Juice 13
Mini Pancakes Syrup Fruit Juice 16	Chicken Biscuit Sandwich Fruit Juice 17	Apple Frudel Fruit Juice 18	PBJ Graham Fruit Juice 19	Donut String Cheese Fruit Juice 20
Cereal Nutri Grain Bar Fruit Juice 23	Sausage Biscuit Fruit Juice 24	Apple Cinnamon Tx Tst Fruit Juice 25	NO SCHOOL Fall Break 26	NO SCHOOL Fall Break 27
Breakfast Pizza Fruit Juice 30	Scrambled Eggs Blueberry Muffin Fruit Juice 31			

Students must select three items for a reimbursable meal
Milk included with all meals
Menu subject to change
This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Tenders Sweet Potato Nuggets Sweet Peas Bread/butter Fruit Choice 2	Cheese Pizza Garden Bar Green Beans Apple Wedges Johnny Pop Fruit Bar 3	Soft Shell Taco Golden Corn Spanish Rice Refried Beans Celery Stick Red Grapes 4	Chicken Nuggets Mashed Potatoes/gravy Warm Dinner Roll Roasted Baby Carrots Fruit Choice 5	Deli Sub Sandwich Sun Chip Snack Mix Fresh Veggies/dip Fruit Choice Juice 6
Hamburger/bar Oven Baked Fries Baked Beans Banana Chocolate Chip Cookie 9	Ravioli Garlic Bread Garden Bar Green Beans Fruit Choice 10	Oven Roasted Chicken Baby Baker Potatoes Sweet Peas Beets Mandarin Orange/Pineapple 11	Pepperoni Calzone Golden Corn Garden Bar Assorted Fresh Apples 12	Chicken Patty Sandwich Steamed Broccoli Tri Tater Fruit Choice 13
Breakfast for lunch Scrambled Eggs Crispy Cubed Potatoes Celery Sticks Biscuit/Jelly Orange Wedges Juice 16	Cheesy Bread Sticks Cup of Tomato Soup Garden Bar Baby Carrots Red Grapes 17	Chicken & Noodles Mashed Potatoes Carrot Coins Warm Dinner Roll Fruit Choice 18	Warm Ham & Cheese Sandwich Garden Bar Baked Beans Baked Cinnamon Apples 19	Chicken Smackers Sweet Potato Nuggets Sweet Peas Bread/butter Fruit Choice 20
Mini Corn Dog Nuggets Tri Tater Golden Corn Apple Wedges Sugar Cookie 23	Pasta/meat Sauce Garlic Bread Green Beans Garden Bar Fruit Choice 24	BBQ Pulled Pork Sandwich Potato Smiles Steamed Broccoli Fruit Choice 25	NO SCHOOL FALL BREAK 26	NO SCHOOL FALL BREAK 27
Hot Dog/bun Baked Beans Crispy Cubed Potatoes Celery Sticks Sour Raisins 30	Halloween Nuggets Mashed Potato/gravy Warm Dinner Roll Carrot Coins Red Grapes Spooky Ice Cream Sundae 31			

Today at noon schools across the Midwest will be joining in the great apple crunch

Students must select a fruit and or vegetable with each meal
 Please keep your student's account current
 Menu subject to change
 This institution is an equal opportunity provider